



Worthing Tourist Information Centre
Chapel Road, Worthing, West Sussex, BN11 1HL
Tel: 01903 221066 **Fax:** 01903 236277
e-mail: tic@worthing.gov.uk **web:** www.visitworthing.co.uk

MEDIA – LOCAL CONTACTS

NEWSPAPERS

WORTHING HERALD, Cannon House, Chatsworth Road, Worthing, BN11 1NA
Tel: 01903 230051 Fax: 01903 216087
Email: (adv.) jane.jordan@sussexnewspapers.co.uk Website: www.worthingherald.co.uk
(Thursday - 42p)

WORTHING ADVERTISER

As above
(Wednesday – Free)

WORTHING GUARDIAN, Cannon House, Chatsworth Road, Worthing, BN11 1NA
Tel: 01903 212333 Fax: 01903 216087
Email: jane.jordan@sussexnewspapers.co.uk Website: www.worthingherald.co.uk
(Friday – Free)

WEST SUSSEX GAZETTE, Cannon House, Chatsworth Road, Worthing, BN11 1NA
Tel: 01903 230051 Fax: 01903 216087
Website: www.westsussextoday.co.uk
(Thursday - 35p)

EVENING ARGUS (Worthing & West Sussex), Argus House, Crowhurst Road, Hollingbury,
Brighton, BN1 8AR
Tel: 01273 544544 Fax: 01273 566114 / 01903 212886
Website: www.theargus.co.uk
(Daily - 40p)

WORTHING SENTINEL, Contact - Paul Holden
Tel: 01903 245674 e-mail: paul.holden@theargus.co.uk
Website: www.worthing sentinel.co.uk
(Weekly - Free)

WEST SUSSEX COUNTY TIMES, 14/16 Market Square, Horsham, RH12 1HD
Tel: 01403 751200 Fax: 01403 751248
Website: www.wscountytimes.co.uk
(Friday - 50p)

PROPERTY WEEKLY, Liverpool Road, Worthing, BN11 1SU
Tel: 01903 202040 Fax: 01903 231376
Email: Karen.elsdon@propertyweekly.com Website: www.propertyweekly.com
(Wednesday – Free)

LOCAL RADIO STATIONS

HEART

Radio House, Franklin Road
Brighton, BN41 1AF
Tel: 01273 430111

102.4 & 103.5 FM

Fax: 01273 316909

Website: www.heartsussex.co.uk

BBC SUSSEX

Broadcasting House, 40-42 Queen's Road
Brighton, BN1 3XB
Tel: 01273 320400
Email: sussexnews@bbc.co.uk

95.3 & 104.5 FM (Sussex Area)

Fax: 01273 571754

Website: www.bbc.co.uk/sussex

SPIRIT FM

Dukes Court, 9 10, Bognor Road
Chichester, PO19 8FX
Tel: 01243 773600
Email: hello@spiritfm.net

96.6 & 102.3 FM + 106.6FM

Fax: 01243 786464

Website: www.spiritfm.net

SPLASH FM

Guildbourne Centre,
Worthing, BN11 1LZ
Tel: 01903 233005
Email: admin@splashfm.com

107.7 FM

Fax: 01903 233271

Website: www.splashfm.com

REGIONAL TELEVISION

MERIDIAN TELEVISION

ITV Meridian
Solent Business Park
Whiteley
PO15 7PA
Tel: 0844 881 2000
Fax: 0844 881 2074
Email: meridian@itvlocal.com
Website: www.itv.com (links will lead to Meridian)

MERIDIAN TELEVISION

News Desk
Olivier House
18 Marine Parade
Brighton
BN2 1TL
Tel: 0844 881 4353
Fax: 01273 622075
Email: newsroom.brighton@itv.com

BBC TV – SOUTH-TODAY

Broadcasting House
Havelock Road
Southampton
SO14 7PU
Tel: 02380 226201
Fax: 02380 339931
Email: south.today@bbc.co.uk
Website: www.bbc.co.uk/south

Reviewed PD 04/04/09